



The NPO Association for Establishing a New Psychiatric Care, Health and Welfare System in Soso

# Soso COCORO News Nagomi

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## Announcement of FY2025 General Assembly

【Date/Time】 June 10, 2025 (Tuesday)

18:00~ Limited to regular members

【Venue】 Soma Office of NPO or via on-line conference system

## District Office name has changed

Due to the reorganization of Fukushima Care Center, the name of the district office of “mental health care operation” that Soma Wide Area Care Center is entrusted with has changed as follows:

【before】 Hama-dori Kita District Center

【after】 Evacuation Area Support Center Minami Soma Office,



Thank you!

## Workshop and Networking Event at Karakoro Station

Workshop regarding Outreach Operation was held on February 17 at Karakoro Station in Ishinomaki City. After sharing the initiatives of each participating office, we discussed about our “common experiences” in the actual support sites using “Nagomi Support Playing Cards”. We were able to share the profundity of support standing close by.

The Lecture by Mr. Mishina of Iwate Prefectural University was an opportunity for us to realize again the progress the Tohoku Area made after the Earthquake and also the issues that we face. (Ogasawara, Outreach)



Lunch in Ishinomaki

←Kinka Mackerel on Rice

Mackerel broth Ramen →



## DVD most suitable for teaching material “Unraveling through involvement with dependents in the disaster area – Clues in supporting lives” is now available

Those of you who have not yet seen the movie “Live, Live, Live (Ikite, ikite, ikiro)”, you will be able to catch a glimpse of Nagomi Style support in this DVD. For those of you who have already seen the movie, you will be able to rediscover new views by listening to the explanation and commentary by Yonekura-san. Do not miss this opportunity!! (Okawa, Chief Director)

To purchase via Amazon ⇒



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## Where is she now! Visiting a Former Nagomi Staff Member

In this section, we will share the  
“Now” of former Nagomi staff  
members!



In this issue, let us introduce Ms. Kumiko Tanaka of Mura Café 753 (Nagomi)!

### Q1. Please make an introduction of Mura Café 753 (Nagomi)

753 is a bakery specializing in bagels which opened in April 2020.

The place where Mura Café 753 now stands is where “Aguri Coffee Shop” used to be prior to the Great East Japan Earthquake. “Aguri Coffee Shop”, which was a traditional Japanese folk house in a serene setting and yet somewhat with some modern taste, with the forest of litate in its background, was a very popular coffee shop that many people including those from outside of the village visited to enjoy the rich aroma of house-roasted coffee.

After the earthquake, the entire village of litate was forced to evacuate due to the nuclear power plant accident. “Aguri Coffee Shop” also evacuated and moved to Fukushima City, and reopened in Fukushima City in July 2011, and continues to be a popular coffee shop.

Mura Café 753 (Nagomi) opened by renting the building in litate-mura where Aguri Coffee Shop used to be.

6 years after the Earthquake, the evacuation order for litate-mura was lifted in 2017. I continue to run this Café with the hope that we can be a place where the local residents gather for the peace of mind and relaxation (Nagomi) in this beautiful village blessed with rich nature.

### Q2. What do you value most while doing your work?

“Madei”, the motto of litate-mura. It is a local dialect which means spare no effort, take care, and wholeheartedly.

We at Mura Café 753 try to always keep in mind to work in “Madei” ways and handmade each and every bagel every day.

The Café is not just a place to sell products but also is a place of encounter with others.

We would like to continue to cherish such encounters also.



### Q3. What is the appealing point of the Café? Selling point, characteristic?

Our selling point is the local delicacy bagels that makes the most of the local agricultural products. We want everyone to know about the safe and delicious agricultural products of litate through our bagels.

### Tanaka-san's thoughts

My encounter with litate-mura was the time when I joined Care Center Nagomi in 2016 and started to visit the litate-mura temporary housings which used to be in Ohnodai of Soma City at the time. Later, it was by a turn of fate that I opened this Café in litate-mura. I decided to name the Café “753 (Nagomi)” so that I would not forget Nagomi which led me to litate-mura. I believe that the starting point for me working in the disaster-stricken area is nothing else but Nagomi. It is the 6<sup>th</sup> year since the opening, but I feel like I am still a member of Nagomi with the members of Nagomi always extending me their support.

## We invite you to become a new Nagomi Supporter Member (member of the NPO) !

1. Regular Member Annual Membership Fee: 10,000 yen
2. Supporting Member Annual Membership Fee: 3,000 yen (per unit)
3. Donations

### 【How to become a new member】

Please send your application as follows and make payment of your membership fee by postal transfer.

1. By Fax or postal mail: Please send your application with the following information to the fax number/address listed below; type of member (regular member or supporting member), name, address, company or organization name (occupation), phone number, e-mail address.
2. Via our website: <http://soso-cocoro.jp/>

Click [★会員になる](#) button on our website and fill out the application form.

We are an authorized Certified NPO Organization. Membership fees and donations made to our NPO are eligible for income tax exemption applied to donations. Please refer to our website for details.

To pay your membership fee/to donate:  
Postal Transfer  
Account number: 02260-0-126825  
Account name: The Association for  
Establishing a New Psychiatric Care,  
Health, and Welfare System in Soso

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