



The Association for Establishing a New Psychiatric Care,
Health and Welfare System in Soso

Soso C O C O R O News

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FY 2018 NPO General Assembly & Nagomi Tea Party will be held!

Date & Time: June 10 (Sun), 2018 11:00~12:00 NPO General Assembly
12:00~14:00 Nagomi Tea Party

Venue: Hamanasu-kan (Soma City General Welfare Center)

A small Tea Party will be held inviting everyone supporting Nagomi.
We look forward to seeing you all at the party!

* Please refer to the enclosed leaflet for details of Nagomi Tea Party.

Cherry Blossom Viewing Party

An invitation to attend the "Cherry Blossom Viewing Party" hosted by the Prime Minister was sent to us addressed to the President of the NPO through the Reconstruction Agency. "Why invite me?!" I was so surprised to be the one invited. Although I felt sorry to be the one being invited instead of our staff carrying out their activities every day, I attended the party held in Shinjuku Gyoen (Shinjuku Imperial Garden) surrounded with fresh green leaves of early summer on April 21, which was a fine beautiful day. An opportunity was set up for Prime Minister Abe and Mrs. Akie Abe to greet and shake hands with each participant. I was so surprised again to have an opportunity to meet with them so close and wished that we were given an opportunity to deliver the thoughts of the disaster-stricken area in similar closeness. Being there so close to them physically but not being able to deliver my thoughts at all, I was left with mixed emotions. (Okawa)



"Natsu-shoku (Good old dishes)" Recipe Book Completed (Spiritual Home Restoration Project)

"Natsu-shoku" recipe book which we put together by gathering information of dishes that the residents of the area remember as "I really miss that dish!", "I wish I could eat that dish again!" is now completed. (English version is also available.) We are sure that this recipe book can be enjoyed by all generations in all places. We extend our sincere thanks to everyone who extended their cooperation in this project. We will make this recipe book an opportunity to continue our activities to further expand the circle of communication. (Fushimi) *This project is funded by Reconstruction of Heart Project of the Reconstruction Agency.




We are inviting you to become a new Nagomi Supporter Member! (member of the NPO Corporation)

1. Regular Member Annual Membership Fee: 10,000 yen
2. Supporting Member Annual Membership Fee: 3,000 yen
3. Donations

【How to become a new member】

Please send your application as follows and make payment of your membership fee by postal transfer.

1. Send us the following information by postal mail or fax to the address/fax number below; regular member or supporting member, name, address, company or organization name (occupation), phone number, e-mail address.
2. Application can also be made via our website: <http://soso-cocoro.jp/>
Click  button and fill out the application form.

(apply for membership)

To pay your membership fee/to donate: Postal Transfer

Account No.: 02260-0-126825

Account Name: The Association for Establishing a New Psychiatric Care, Health and Welfare System in

Contact: Nagomi Soma Office
1-2-8 Okinouchi, Soma City, Fukushima
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Please welcome Nagomi's new staff members!

New staff introduction ◆Satoko Yatsu◆

I have started to work as a staff of "Nagomi CLUB" in April. I am originally from Shinchi-machi. I enjoy growing vegetables in my kitchen garden which I started last year and love to plan what to plant next. I also look forward to taking-up mountain climbing again. I will do my best to so that I can be of use to you as a Nagomi staff. Thank you for your support in advance.



New staff introduction ◆Emiko Tsuboi◆

Hello everyone. Two years ago when I was in graduate school, I spent about 10 days at Nagomi as part of my practical training. Through this relationship, I have now started to work as a staff of Nagomi starting April 2018. I am surrounded by many very reliable senior staffs and feel much fulfilled everyday with so much to learn. I will do my best to be able to be useful to you in my own ways. Thank you for your support in advance.

Activity Updates

Nagomi Visiting Nurse Station

Visiting Nurse Station is marking its fifth year. The area we visit continues to expand and we now have users from Shinchi-Machi to Odaka Area of Minami-Soma City. The scenery changes every season and we feel great pleasure in watching the cherry blossoms in spring and golden rice plants in autumn, the blue ocean, and the mountains throughout all seasons together with our users and sharing the same experience together. We drive to our users' homes watching the "signs of restoration" every day. Let's continue to "Stay just the way you are and just be yourself". (Sato)



Visiting Nurse Station

Outreach Team



Outreach Team now under new structure!

With the new member joining us in April, the Outreach Team has committed to a new start with our activities. In our subdued color outfit of silver colored jackets and our silver colored cars, we are driving around Soso area in low-key way but with honest efforts. We try our best so that we can be of assistance in making your lives in the area as long as possible and enjoy your lives in your own ways. (Kijima)

Local Activity Support Center / Consultation Support Office Nagomi CLUB

Ms. Yatsu, a Public Health Nurse, has joined the Nagomi CLUB. With her addition to the team, we are now able to extend more detailed and fine service in improving your health including physical condition management. We are not a large team, but we will do our best to enjoy the activities with you. We appreciate your support.



Nagomi Club

Soma Wide Region Mental Care Center Nagomi

During FY 2018, in addition to the "Good Old Dishes / Memories in Our Hearts Restoration Project", we plan to put our efforts on "Challenge Club" and "Salon Bocchi-bochi (Let' take it slowly)" which are gatherings for the younger generation, "Men's Gathering" which is a place of gathering for middle to older aged men. The generations that these two activities target are those that tend to have less support and leading to higher suicide risks. We aim to become "Nagomi (calmness, friendliness)" that is indispensable in filling the gap which exists in the support of the area.



Mental Care Center