



The NPO Association for Establishing a New Psychiatric Care,
Health and Welfare System in Soso

Soso COCORO News Nagomi

43rd Issue May 2026

Published by: Public Relations and Membership Committee

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General Assembly FY 2026 & Nagomi Festival 2026

【Date and Time】 June 14 (Sun), 2026

◎General Assembly⇒11:00～12:00

...Limited to Regular Members

◎Nagomi Festival 2026⇒13:00～15:00

...Please refer to separate flyer for details

Please
join us!

Workshop for Supporters “Let’s start building a team to prevent isolation”

In-house workshop on the theme “Let’s start building a team to prevent isolation” was held, inviting Morikawa Suimei-san, Director of NPO TENOHASI, as the lecturer.

What impressed me most in the lecture on team-building of support related organizations and inter-professional members, which could become an issue to be addressed in the future for the Integrated Community Care System, was the story about Tom Andersen’s drawing. Suimei-san taught us a very intriguing point concerning the arrows in this drawing. Words that we utter are spoken towards others, but the words also come back into our own bodies through our ears.



Furthermore, the words move from our hands toward others as arrows. The fact that words that we utter toward others also affects ourselves was a major breakthrough for me.

It was a very informative day and we were also able to feel the warm personality of Suimei-san. (Kanke, Outreach)



Person-centered Support/Inclusive Society Building Event

～Learning Material Workshop～

In early February, a workshop organized by Iwate Prefectural Federation of Mental Health and Welfare was held at Morioka City Fureai Land Hall. Many patients with mental illness and their families participated.

Movie screening and a mini concert was held in the morning, and the workshop was held in the afternoon. In front of the entrance, we exhibited and sold “15 Stories”, which was published in the 10th anniversary Publication of Nagomi and educational DVDs on community-based support for people with addiction. Tadano and Yonekura served as instructors and explained about Nagomi Support Karuta (card game) and introduced the DVD, including the history of how and why they were created. The day was packed with variety of contents.



We received many inquiries and comments from the participants such as; “We would like to use it as reference in our Mental Health Supporter Training Course” and “I want to know about Fukushima Today”. I realized again the importance of giving shape to our support methods and details of our activities. (Yonekura. Care Center)

Please welcome Nagomi's new member!

◆Matsumoto Nao◆

Nice to meet you. My name is Matsumoto, a nurse and joined Nagomi in March this year. Till last year I lived in Tochigi Prefecture and moved to Minami Soma in January this year. I previously worked as a nurse and was also involved in home medical care.

As I do not have any experience in the psychiatric field, I have quite some concerns and might cause some inconvenience to you. I will do my best to explore possibilities of what I am able to provide our users as a nurse. Thank you for your support in advance.



Time to refresh our soul! Herbarium Workshop in Soma

We welcomed Kainuma-san, who visits us regularly as a volunteer, as an instructor and held a workshop to make Herbariums in Nagomi CLUB.

We organized this workshop with the idea of creating a time that both our users and our staff could enjoy and also feel refreshed together.

“Smile” was a must in the Kainuma-style Herbarium workshop. We received an advice that if we make our pieces with a smile, they will turn out to be lovely pieces. We were able to enjoy making the pieces

chatting with those sitting next to us and working through trial and error by watching others work on their pieces.

(Kudo, Care Center)




We invite you to become a new Nagomi supporter member (member of the NPO)!

1. Regular Member Annual Membership Fee: 10,000 yen
2. Supporting Member Annual Membership Fee: 3,000 yen (per unit)
3. Donations

【How to become a new member】

Please send your application as follows and make payment of your membership fee by postal transfer.

1. By Fax or postal mail: Please send your application with the following information to the fax number/address listed below; type of member (regular member or supporting member), name, address, company or organization name (occupation), phone number, e-mail address.
2. Via our website: <http://soso-cocoro.jp/>

Click  button and fill out the application form
Application can also be made via the QR code on the right⇒



We are an authorized Certified NPO Organization.
Membership fees and donations made to our NPO are eligible for income tax exemption applied to donations.
Please refer to our website for details.



【Account details for payment of membership fee/donations】

Account number: 02260-0-126825
Account name: The Association for Establishing a New Psychiatric Care, Health, and Welfare System in Soso

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