

◆ The Nagomi Festival ◆

Date: October 1st (Sat), 2016

Venue: Nagomi Soma Office

We would like to invite our supporters and friends to the festival. We plan to have a coffee shop and food booths along with mini workshops on health related issues. Details will be announced later. Please come and join us.



Editorial Note

The fiscal year 2016 has started. In Soma and Minamisoma, spring flowers started blooming one after another. Although it might not be easy for those who aren't in the area, but if you have an opportunity, we welcome you to visit the Soso district and experience how it has changed since the disaster. As members of the public relations committee, we will continue to strive to keep you updated on the current situation of communities through our newsletters and website. (Public Relations Committee)



Members of Public Relations Committee!



Be a member of the Association for Establishing a New Psychiatric Care, Health and Welfare System in Soso!

We are recruiting regular and supporting members who would like to support our efforts.

1. Regular member Annual Membership Fee 10,000 yen
2. Supporting member Annual Membership Fee 3,000 yen

【How to apply】

•Write the following information: regular member or supporting member;
address; affiliation; occupation; phone number; e-mail address

•Send it to us by postal mail or fax. See the contact information below.

You can also apply on our website. <http://soso-cocoro.jp/> (in Japanese only)

We regularly send a newsletter and local information to our members



Postal Transfer

Account Number : 02260-0-126825

Account Holder: the Association for Establishing a New Psychiatric Care, Health and Welfare System in Soso

※For new members, we would ask you to kindly **submit a membership application** as well as your membership fee. Kindly contact us if you have not receive a receipt and/or newsletter despite that you have paid your membership fee.

Contact: Nagomi Soma Office

1-2-8, Okinouchi, Soma City, Fukushima Prefecture

976-0016

TEL: 0244-26-9753 FAX: 0244-26-9739

E-mail: nagomi@soso-cocoro.jp

The Association for Establishing a New Psychiatric Care, Health and Welfare System in Soso



Soso Cocoro News Nagomi

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Website: <http://nagomi.soso-cocoro.jp>

Facebook: <https://www.fb.me/cocoro.nagomi>



General Assembly & Tea Party

The fiscal year 2016 general assembly of the association will be held.

Date: June 26th (Sun), 2016 1pm-2pm

Venue: Multipurpose Hall, Soma General Welfare Center (Hamanasu-kan)
(357, Aza Takaike, Koizumi, Soma City)

◆ For regular members, we have enclosed a return post card with this newsletter. Kindly fill it out and send it back to us to notify whether you will attend or not.

◆ Supporting members are welcome to join the assembly as observers. If you wish to attend the meeting, kindly contact the Soma Office by phone.

◎A tea party will be held after the assembly!!

The Nagomi staff are looking forward to having a fellowship with our members and people from related agencies. Please join us and enjoy delicious local sweets with freshly brewed coffee.

From 2:30 pm

At the 3rd conference room, 2nd floor,
Hamanasu-kan



Although no reservation is required, we would appreciate it if you could call us in case you wish to attend the party.

In 2016 we welcomed the following new staff members and would like to introduce them below!

I am **Yukiko Saito**.

I try to live by the motto "always be cheerful and smiling".

It has been almost three months since I started working in Nagomi CLUB. I find that I learn new things every day. Since I am still somewhat new, I am very grateful that other staff members have been patient and helped me a lot.

I live in Shinchi-machi. My passion is food. I love all kinds of food. Therefore, I am always concerned about not gaining too much. In my work, I believe communication is key, so I always try to listen to our clients very attentively.



I am **Ikuko Suzuki**.

I started working as a home visit nurse for the Nagomi Visiting Nursing Station in April. I was born in Kashima-cho (current Kashima Ward, Minamisoma City) and grew up there. I graduated from a nursing school in Yamagata Prefecture. I have been working as a nurse for almost

twenty years, but it is my first time to work as a home visit nurse. There are many new things that I still need to learn. I will do my best and work hard so that I can be of some help to the community members as soon as possible.



Although it has been just three months since Yukiko came to Nagomi CLUB, she has adapted herself to the work as if she has been with us for many years. She is trusted by our clients and is quite popular. They say "I am happy that Yukiko has come to Nagomi CLUB" and "I hope that she will work with us for a long time." These words show me that she is accepted by all the clients because of her smile and her gentle character.

(Kudo, staff member in Nagomi Club)

Ikuko is gentle and makes other people feel relaxed. Her stories and the way she talks are also heart-warming and sincere. I am sure that her clients are feeling the same. She is also confident in her role as well as reliable. She likes visiting shrines and temples and collects red seals from her visits, which is a Japanese tradition. I want to accompany her on some of her future visits. Although Ikuko has adapted quite quickly, she knows that we are always here to support her when the need arises.

(Ishii, staff member in the Nagomi Visiting Nursing Station)

In the fiscal year 2015, we were pleased to welcome the following staff members!



Soma Office
Keiko Suzuki (Administration),
Yuko Kijima (Nurse)



Minamisoma Office
Tomoko Adachi (Psychologist),
Fumiko Kobayashi (Nurse)

◆ Donation of Prepaid Postcards ◆

One of our other projects is we collect unused prepaid postcards which our supporters would not use any more and exchange them with postal stamps which we use for sending out our newsletters. This is one way to show that we value all of our donors' contributions and we use our funds wisely.



**The List of Our Donors
(April, 2014 - March, 2016)**

- ◆ For the purchase of a vehicle for the Nagomi Visiting Nursing Station
Kiguchi Foundation 1,120,000 yen
- ◆ For the operation of the Local Activity Support Center
Red Feather Campaign 1,000,000 yen
- ◆ For the operation of the Association for Establishing a New Psychiatric Care, Health and Welfare in Soso
**Asaka General Hospital
Engineers of Shimizu Corporation
Hyogo Institute for Traumatic Care
Japan Institute of Alcohol Related Problems Kansai Branch
College Women's Association in Japan (CWA J)
Oyama no Ouchi (Day care center for people with severe dementia)
Rakuda Clinic**

Total: 378,403 yen

**Individual Donors
14 persons**

Total: 156,450 yen

We apologize for the late reporting. Your kind contributions have been utilized for our activities. Thank you very much for your continued support!